

WEDNESDAY 5 MAY 2010

WEATHER:  TEMP: 12°C/54°F

SUNRISE: 06.04 SUNSET: 20.05

DRESS CODE: SMART CASUAL

OPEN NECKED SHIRT AND TAILORED TROUSERS FOR GENTLEMEN,
CASUAL SEPARATES FOR LADIES.

horizon



WELCOME ABOARD YOUR CANARY ISLANDS CRUISE

What makes the Canaries so captivating? Let Oriana show you. En route, call into the beautiful garden island of Madeira. It is famed for its stunning cliff top waterfalls, verdant pine forests and flora-covered mountains.

La Palma is the first of two Canary Islands you will visit. Quieter than her neighbouring islands, this lush green hideaway has one of the largest volcanic craters in the world. Tenerife is the largest of the islands and the most diverse. In the north you can roam verdurous gardens and in the south relax on sandy beaches. Back to the continent now and the picturesque city of Cadiz. Surrounded almost entirely by water, this charming city boasts a wonderful Cathedral and offers access to nearby Seville. Explore Lisbon's fascinating Alfama district and elegant Chiado Quarter, and stroll along the widest street on earth. Finally, lose yourself in the historic heart of Vigo, in the old fishing quarter - Ribera del Berbes.

We hope you thoroughly enjoy your time with us and if we can assist you in any way during your stay on board, you needn't hesitate to ask.

NOTICES

LIFTS

Children under the age of 12 years are not permitted to use the lifts at any time unless accompanied by an adult.

RESTAURANT SEATING

You will have a card placed on your dresser, next to your cabin key wallets, to inform you of your Restaurant and dinner seating. Should you have any queries regarding your seating please see your Restaurant Managers, in their respective restaurants from 3.00pm onwards.

A SELECTION OF TODAY'S HIGHLIGHTS

special...

SPA TOUR

Join us today for the Spa Tour, to meet your spa team and find out what services and treatments are available to you. There is a special offer for all those who attend. Any treatments booked today will be at a special 20% discount.
2.00PM-8.00PM OASIS SPA (DECK 12) FORWARD



meet...

WELCOME SHOW

Join Cruise Director Michael Mullane as he introduces the Entertainment Team and outlines the wonderful cruise ahead. Featuring a special performance by The Headliners Theatre Company.

7.15PM & 9.00PM THEATRE ROYAL (DECK 7) FORWARD



party...

FIRST NIGHT PARTY CELEBRATION WITH NATURAL HIGH

Come along and enjoy a night of dancing as Natural High play their fantastic music. There will be everything from ballroom, Latin and sequence dancing right through to the latest party dances. Come along and dance like there's no tomorrow.

9.30PM-11.30PM HARLEQUINS (DECK 7) MIDSHIP



INTRODUCING YOUR CAPTAIN

CAPTAIN IAN HUTLEY.

Captain Hutley hails from Colchester in Essex and joined P&O Cruises in 1981 as a Deck Cadet. He then joined the Royal Fleet Auxiliary as Third Officer and after three years service with the RFA, he rejoined P&O Cruises as Third Officer on the Royal Princess before being promoted to Second Officer in 1989.

Captain Hutley worked his way through the ranks of First Officer, Chief Officer/Safety Officer and Staff Captain. As Staff Captain he served on Victoria, Oriana, Arcadia, Grand Princess, Adonia and Oceana, where he was promoted to Captain in February 2005. More recently he has been in command of P&O's Aurora, Ocean Village and now looks forward to the adventures on board Oriana.

Captain Hutley lives in the south of England with his wife and two children and enjoys golf, football, cricket, cycling, philately, gardening and reading.



FOR FURTHER INFORMATION ON THE SERVICES
AND FACILITIES ON BOARD, PLEASE REFER TO
CABIN SERVICES DIRECTORY AND DISCOVER
ORIANA GUIDE IN YOUR CABIN.


ORIANA

TODAY'S OPENING TIMES



DINING HOURS

CONSERVATORY

Buffet Lunch	Noon	-	3.00pm
Afternoon Tea	3.00pm	-	5.00pm
Children's Tea	5.15pm	-	6.00pm
Buffet Dinner	6.30pm	-	9.00pm

PENINSULAR RESTAURANT

Dinner First Sitting	6.30pm		
Dinner Second Sitting	8.30pm		

ORIENTAL RESTAURANT

Dinner First Sitting	6.30pm		
Dinner Second Sitting	8.30pm		

AL FRESCO

Late Snacks	10.00pm	-	6.00am
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ORIANA RHODES (BOOKING RECOMMENDED)



A quality, fine dining restaurant created by Gary Rhodes, where you can enjoy British Cuisine with a contemporary twist. Dial 7527 to reserve your table, £15.00 per person cover charge. Introductory offer of £10.00 per person on the 18th, 19th & 20th April.

Dinner	6.00pm	-	9.30pm
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TERRACE GRILL (BOOKING RECOMMENDED)

Dial 7527 to reserve your table, £7.75 per person cover charge. Introductory offer of £6.00 per person on the 18th, 19th & 20th April.

Dinner	7.00pm	-	9.30pm
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BAR OPENING TIMES

Riviera Bar*	Noon	-	7.00pm
Tiffany's	8.00am	-	Late
Terrace Bar*	Noon	-	Late
Lords Tavern	Noon	-	Late
Crow's Nest	2.00pm	-	Late
Andersons	5.00pm	-	Late
Harlequins	7.30pm	-	Late

*Weather Permitting

DEPARTMENT HOURS

CELEBRATIONS/FLORESTA DESK (DECK 7) ATRIUM 4.00PM-7.00PM
Are you celebrating this cruise? Remember flowers make the perfect accompaniment to any occasion.

CYB@STUDY (DECK 13) FORWARD OPEN 24 HOURS
MANAGER'S HOURS: 5.00PM-6.30PM & 8.00PM-11.00PM
Sign-up for an Internet Time Plan and receive up to twenty additional minutes. You can also enter the raffle to win up to 250 free minutes.

CRUISE SALES & PORTUNUS DESKS (DECK 5) ATRIUM 5.00PM-6.00PM

EMPORIUM (DECK 6) ATRIUM 5.30PM-10.00PM

KNIGHTSBRIDGE (DECK 6 & 7) ATRIUM 5.30PM-10.00PM

LIBRARY (DECK 8) MIDSHIP NOON-8.00PM
Looking for something to read this cruise? Why not visit the library and check out our large selection of books to borrow or buy.

MONTE CARLO CASINO, SLOT MACHINES (DECK 7) ATRIUM 7.30PM-LATE

MONTE CARLO CASINO, TABLES (DECK 7) ATRIUM 7.30PM-LATE

OASIS SPA & FITNESS CENTRE (DECK 12) FORWARD NOON-8.00PM

PHOTO GALLERY (DECK 7) AFT 6.00PM-10.30PM

RECEPTION (DECK 5) ATRIUM OPEN 24 HOURS

TOURS DESK (DECK 7) ATRIUM 5.00PM-7.00PM
Visit the team on Deck 7 with all of your excursion queries. Port Presentations will also be taking place over the coming days to introduce each of our fabulous ports of call.

MEDICAL CENTRE (DECK 4) FORWARD 5.00PM-6.00PM
Outside these hours please dial 999 for immediate medical attention.

PETER PANS 2-4 YEAR OLDS (DECK 8) AFT 9.00AM-10.30PM

PETER PANS 5-8 YEAR OLDS (DECK 8) AFT 9.00AM-10.30PM

DECIBELS 9-12 YEAR OLDS (DECK 8) AFT 10.00AM-11.00PM

OUTERSPACE 13-17 YEAR OLDS (DECK 8) AFT 10.00AM-11.00PM

NIGHT NURSERY (DECK 4) MIDSHIP 6.00PM-2.00AM

CHAPLINS CINEMA

WHAT'S FEATURING TODAY



SHERLOCK HOLMES
ROBERT DOWNEY, JR., JUDE LAW,
RACHEL MCADAMS
DIRECTED BY GUY RICHIE
RATED PG-13; 128 MINUTES;
2009

In a dynamic new portrayal of Sir Arthur Conan Doyle's most famous characters, Holmes and Watson are sent on their latest challenge. Revealing fighting skills as lethal as his legendary intellect, Holmes will battle as never before to bring down a new nemesis and unravel a deadly plot that could destroy the country.

SHOWING AT: 8.15PM & 10.30PM

ON YOUR HORIZON...



-  Cinema
-  Shows
-  Quiz
-  Dancing
-  Casino
-  Spa
-  Learn
-  Active

TODAY'S ACTIVITIES

Time	Activity	Location	Category
NOON	NOON-3.00PM THE CROW'S NEST (DECK 13) FORWARD THE JOHN JAMES TRIO Enjoy this musical welcomes as the John James Trio play throughout the afternoon.	DECK 13 FORWARD	Shows
	NOON-3.00PM TIFFANY COURT (DECK 8) ATRIUM NICK STEWART AT THE PIANO Welcome aboard melodies for you to enjoy as you relax and unwind after your journey.	DECK 8 ATRIUM	Shows
	NOON-6.30PM RIVIERA POOL & BAR (DECK 12) MIDSHIP CD MUSIC ON DECK	DECK 12 MIDSHIP	Shows
2 PM	2.00PM-8.00PM FITNESS CENTRE (DECK 12) FORWARD INTRODUCTION TO THE OASIS FITNESS FACILITIES Come along and meet the friendly fitness boys who will talk you through the facilities on board and the classes available during your cruise. Look good and feel great!	DECK 12 FORWARD	Spa
	2.00PM-8.00PM OASIS SPA (DECK 12) FORWARD OASIS SPA TOUR Join your friendly Spa Team for an informal ten minute tour through our amazing Oasis Spa facility. Here you'll find out about the extensive and exclusive variety of indulging treatments available to enhance your cruising experience. You will also receive your free raffle ticket giving you the chance to win Spa treatments to the value of £500!	DECK 12 FORWARD	Spa
4 PM	4.00PM GENERAL EMERGENCY STATIONS PASSENGER DRILLS	General	Learn
	4.45PM TERRACE BAR (DECK 12) AFT ORIANA SETS SAIL It's time for us to leave behind our homeport of Southampton and embark on our cruise. So join DJ Mark and the Entertainment Officers for our traditional P&O Cruises sailaway. Why not complete the moment with a glass of champagne?	DECK 12 AFT	Shows
	4.45PM PROMENADE DECK (DECK 7) SOUTHAMPTON SAILAWAY The Woodfalls Band will be playing on the quayside as we slip our lines and begin our cruise.	DECK 7	Shows
5 PM	5.00PM ART GALLERY (DECK 8) MIDSHIP ART GALLERY - OPENING The Medici Art Gallery opens this afternoon, a new art program specifically tailored for P&O Cruises. We have moved away from the traditional art auctions, and selected a magnificent collection of pieces with the British passenger in mind. All prices include framing as you see in the gallery and shipping is only £15 (anywhere in the UK)	DECK 8 MIDSHIP	Shows
	6.00PM-6.30PM THE CROW'S NEST (DECK 13) FORWARD DUO DELIGHTS Enjoy the music of Tritones as you relax before dinner.	DECK 13 FORWARD	Shows
6 PM	6.00PM-6.30PM TIFFANY COURT (DECK 8) ATRIUM TIPPLE TIME TUNES Join our resident Cocktail Pianist Geza as he plays your favourite piano melodies.	DECK 8 ATRIUM	Shows
	6.00PM-7.00PM PACIFIC LOUNGE (DECK 7) AFT PARENTS TALK Join your Youth Director Carol Ann as she outlines the programme for this cruise.	DECK 7 AFT	Shows
7 PM	7.15PM THEATRE ROYAL (DECK 7) FORWARD WELCOME SHOW FEATURING THE HEADLINERS THEATRE COMPANY	DECK 7 FORWARD	Shows
8 PM	7.30PM MONTE CARLO CASINO (DECK 7) ATRIUM WELCOME ABOARD LOW LIMIT TABLES To welcome you on board, our tables will be low limit tonight. Blackjack and Three Card Poker for only £1 Minimum. Roulette is only 25p!	DECK 7 ATRIUM	Casino
	7.45PM-8.30PM HARLEQUINS (DECK 7) MIDSHIP EARLY EVENING DANCE DATE Natural High play the perfect tempo for your dancing pleasure.	DECK 7 MIDSHIP	Dancing
8 PM	8.00PM LORDS TAVERN (DECK 7) AFT PREMIERSHIP FOOTBALL Manchester City V Tottenham Hotspur (Satellite reception permitting) This game will be re-shown visually throughout the evening.	DECK 7 AFT	Shows
	8.00PM-8.30PM THE CROW'S NEST (DECK 13) FORWARD TWICE AS NICE Great music for your enjoyment with Tritones.	DECK 13 FORWARD	Shows
	8.00PM-8.30PM TIFFANY COURT (DECK 8) ATRIUM PIANO MAN - GEZA Let the piano music wash over you as you enjoy a cocktail or two.	DECK 8 ATRIUM	Shows
9 PM	8.00PM-9.30PM ART GALLERY (DECK 8) MIDSHIP ART CONSULTATION Tamas and Joe will be at hand to answer all your questions about the art displayed in the Art Gallery.	DECK 8 MIDSHIP	Shows
	8.15PM CHAPLINS CINEMA (DECK 8) MIDSHIP FILM: SHERLOCK HOLMES Rated PG-13; Running time 128 minutes	DECK 8 MIDSHIP	Cinema
9 PM	9.00PM THEATRE ROYAL (DECK 7) FORWARD WELCOME SHOW FEATURING THE HEADLINERS THEATRE COMPANY	DECK 7 FORWARD	Shows
	9.30PM-11.30PM HARLEQUINS (DECK 7) MIDSHIP FIRST NIGHT PARTY CELEBRATION WITH NATURAL HIGH Come along and enjoy a night of dancing as Natural High play their fantastic music. There will be everything from ballroom, Latin and sequence dancing right through to the latest party dances. Come along and dance like there's no tomorrow.	DECK 7 MIDSHIP	Dancing
	9.30PM-MIDNIGHT THE CROW'S NEST (DECK 13) FORWARD EVENING SOUNDS Tritones play the music as you enjoy your first night onboard.	DECK 13 FORWARD	Shows
10 PM	9.30PM-MIDNIGHT TIFFANY COURT (DECK 8) ATRIUM AN EVENING OF FINE PIANO Join Geza as he plays all of your favourite piano music.	DECK 8 ATRIUM	Shows
	10.30PM CHAPLINS CINEMA (DECK 8) MIDSHIP FILM: SHERLOCK HOLMES Rated PG-13; Running time 128 minutes	DECK 8 MIDSHIP	Cinema
11 PM	11.30PM-LATE HARLEQUINS (DECK 7) MIDSHIP WELCOME ABOARD DISCO Join DJ Mark in Oriana's hotspot, where he will be playing all your requests as you enjoy the late bar.	DECK 7 MIDSHIP	Dancing

SHIPBOARD INFORMATION

GENERAL EMERGENCY STATIONS

At 4.00pm this afternoon an emergency drill will be held. It is a requirement of law that after boarding the ship, all newly embarking passengers must attend and be instructed at their General Emergency Stations. On commencement of this exercise broadcasts will be made, and alarm bells will be sounded calling you to your Muster Stations as indicated on the notice behind your cabin door. Please carry your life jacket with you, do not wear it and for safety's sake do not allow the belt to trail on the deck. The correct method of wearing a life jacket will be demonstrated to you at the end of this muster. Please ensure that all mobile phones are switched off before entering the Muster Stations. During this exercise all on board services will cease. We apologise for any resulting delay in resuming the ship's services and thank you for your co-operation in these matters of safety.

ALCOHOL AND SMOKING POLICY

When the ship is at sea or in port we still abide by the UK legislation on smoking and alcohol age limits. Cigarettes and other tobacco goods and alcohol will not be sold to under 18's. Beer, cider or wine may only be bought for 16 and 17 year olds to drink with their meal in the restaurants when accompanied by an adult. With this exception, we do not allow under 18's to be in possession of alcohol and we do not allow adults to buy alcohol for anyone under 18 in any of the bars on board. We may therefore ask some passengers to verify their age with formal identification.

MEDICAL CENTRE

The Medical Centre is located on Granada (Deck 4) Forward and can be accessed via the lifts at the forward staircase. The Medical staff on Oriana are available for consultation and consulting hours are as advertised in 'horizon'. In an emergency please dial '999' at anytime.

'HORIZON' NEWSPAPER

The ship's newspaper, 'horizon' is published daily and delivered to your cabin each evening. It details all shipboard activities and provides emergency contact information for when you are ashore.

SHORE EXCURSIONS

If you have pre-booked any shore excursions for this cruise, your excursion tickets will be delivered to your cabin today. Please refer to the 'horizon' daily for excursion timings and information.

BRITAIN TODAY

Why not relax on board and enjoy the ship's daily satellite paper! Britain Today is available from Reception, Atrium (Deck 5) Midship and the Library (Deck 8) Midship from Noon every day. This is subject to our satellite signal.

ORIANA'S TOILET SYSTEM

Oriana's toilet system does not operate like the flush toilet which you have at home. It operates with a system of very narrow pipes and by vacuum extraction and as such it can only deal with toilet paper and natural human waste. Please do not flush any other item (e.g. hand wipes, bandages, fruit peel or sanitary towels) down the toilet. If any attempt is made to flush such items into the system it will cause considerable disruption, not only to your own toilet, but to those of your fellow passengers. Your co-operation is appreciated.

WHEELCHAIRS AND SCOOTERS

Items such as wheelchairs and scooters must be kept folded and stowed in cabins when out of use and not in the alleyways outside your cabin. These areas are designated Escape Routes in an emergency and if blocked may impede the evacuation of passengers.

CABINS

We anticipate that cabins will be available from 2.00pm. Passengers who board before this time are invited to explore Oriana's public rooms and bars until an announcement is made advising that your cabin is ready. Lunch is available in the Conservatory (Deck 12) Aft.

HAND WASHING

You are reminded that in a confined environment such as a ship, viruses can be easily transferred. Hand washing is a simple and effective method of reducing the risk of contamination.

TODAY'S DINNER BUFFET BEST OF BRITISH

A taste of home with a traditional carvery. Enjoy a can of New Castle Brown on special offer.

6.30PM-9.00PM THE CONSERVATORY (DECK 12) AFT



TODAY'S PROMOTIONAL DRINKS

COCKTAIL	Alabama Slammer
MOCKTAIL	Oriana Sea Breeze
COFFEE (LIQUOR)	Balmoral
SAILAWAY	Champagne Sailaway

Please ask your bartender for ingredients and details.



come & visit the shops

We have an extensive range of fine jewellery, gifts & special treats for you to enjoy. Pop in and let us show you what's on offer.

5.00PM-10.00PM KNIGHTSBRIDGE (DECK 7) MIDSHIP



parents talk

Join your Youth Director Carol Ann as she outlines the programme for this cruise.

6.00PM-7.00PM PACIFIC LOUNGE (DECK 7) AFT



internet embarkation special

Purchase an Internet Time Plan today and receive up to 20 minutes free. Stop by the Internet Lounge (Deck 13) Forward to enter the free raffle and Win up to 250 minutes free time.

OPEN 24 HRS CYBER@STUDY (DECK 13) FORWARD



This paper is recycled and is made from sustainable forests, produced from 15% recycled paper. 'All discarded paper on board is recycled.'