

Freestyle Daily



NCL
NORWEGIAN CRUISE LINE
FREESTYLE CRUISING®

Norwegian Pearl was named one of the top large cruise ships in Conde Nast Traveler's 8th Annual Readers Poll.

Wednesday, March 3rd, 2010
St. Thomas, U.S. Virgin Islands

Today's Forecast
Cloudy 84F/29C

Sunrise
6:38am

Sunset
6:26pm

All Aboard
3:30pm

Tip of the day

We request that all guests wash their hands and use the hand sanitizers before eating, after using a restroom and when returning from shore. If you do happen to develop any kind of gastrointestinal symptoms please remain in your stateroom and contact Guest Service by dialing 00 or 7000. Our Medical staff will provide an assessment at no charge.

Because We Care

Time change notice: Before you retire tonight, (between Wednesday & Thursday), remember to change your clocks 1 hour back.

Tonight's entertainment

Comedy Showtime: Sharkbait

As seen on "The Tonight Show" with Jay Leno, "The Late Show" with David Letterman as well as a featured act with Universal Studios Japan and Ringling Bros & Barnum and Bailey Circus. Come witness the action comedy, juggling, balancing, stunts and mishaps of Sharkbait. An amazing, not to be missed show. No children are allowed to be in the front row! Photography, audio & video recording as well as reserving of seats is not allowed.

Time: 7:30pm & 9:30pm, Stardust Theater, Decks 6 & 7, Fwd

NCL's White Hot Dance Party

Feel the bass pumping as you walk through a wonderland of white - complete with fog, snow, ice sculptures & a special performance by our Jean Ann Ryan White Hot Dancers. Our white hot angels melt the ice with you on the dance floor all night long. Tonight, wear white. Don't miss this event with DJ Patrick and special guest DJ Styles Davis.

Time: 10:30pm, Spinnaker Lounge, Deck 13, Fwd (After 11:00pm 18 years and older)

What's on tap today

Arriving into St. Thomas approx 8:00am: The Norwegian Pearl must be cleared by local officials upon arrival. Then you may go ashore at your leisure. Just a quick reminder: When going ashore in any of our ports of call, please carry a photo ID and your Pearl guest key card.

All Aboard: 3:30pm

Port Agent Information: The West Indian Co, Ltd. / shipagent@wico-ltd.com / (829)904-5844

Important: Please be advised that due to the Red Palm Mites found on land, items you may find in port made from Green Palm and banana leaves such as hats and souvenir items will not be permitted to be bought onboard our vessel.

BAGS Program. Say "bye-bye" to your Bags: We will organize delivery of your luggage all the way to your home airport - leaving you to relax & enjoy Miami! Register at the Guest Services Desk at the latest by Wednesday evening. (Restrictions apply: Applicable to flights within the U.S. only)

Time: Always Open
Guest Services Desk, Deck 7, Mid.

Country Line Dance Class: Calling all Cowboys and Cowgirls, or those that want to become one. We're going to kick up our heels and teach you a few of our favorite dances.

Time: 4:00pm
Spinnaker Lounge, Deck 13, Fwd

NCL "U" - Before They Were Stars, Backstage Tales From The Second City: This video/lecture presentation covers 50 fascinating years of hilarious comedy history featuring "Before They Were Stars" footage of many of Second City's most illustrious alumni.

Time: 5:30pm
Stardust Theater, Decks 6 & 7, Fwd

In-transit Guests: Guests who will be sailing with us until the next Miami (March 6th) are requested to register at the Guest Services Desk with your cruise tickets at your earliest convenience.

Time: Always Open
Guest Services Desk, Deck 7, Mid.

Don't miss this!

The Second City "Scriptless"

NCL is proud to present Chicago's famed Comedy Troupe. The Second City performs a completely improvised show based on your suggestions. Get there early to get a good seat.

Time: 8:30pm, Spinnaker Lounge, Deck 13, Fwd

Music Everywhere

Poolside, Deck 12, Mid

Music with True Life
1:15pm-2:30pm
4:00pm-6:00pm
Scratch DJ Styles Davis
2:30pm-3:30pm

Indigo & Summer Palace Dining Rooms

The Beautiful Sounds of the Strolling Manila Trio
5:30pm-9:30pm

Crystal Atrium, Deck 7, Mid

Music with the Pearl Show Band
6:30pm-9:30pm

Bar City, Deck 6, Mid

Mellow Piano & Cocktails with Amaury Figueredo
6:00pm-8:15pm
Name That Tune with Tony Cruz
8:30pm
Piano Entertainer Tony Cruz
8:30pm-Whenever

Spinnaker Lounge Deck 13, Fwd

Music with Roots Link
7:30pm-8:15pm
50's & 60's Tribute with Roots Link
9:15pm-10:00pm
White Hot Party with DJ Patrick
10:30pm-Whenever

Bliss Ultra Lounge Deck 7, Aft

Late Night Karaoke
10:00pm-Whenever
Karaoke Stars Competition
11:30pm-Whenever

Bar Manager's Specials

Sail away Drink Special: "Margarita Madness", enjoy in a NCL special fish bowl for only \$8.50

Coffee of the Day: "Mexican Coffee", 6.75 add \$4 for NCL Thermal Mug

Martini of the Day: "Coco Cabanatini", \$8.75

Drink of the Day: "Going Coco Nuts" \$ 7.95

Free Beer: Buy five beers in Helmet and get one beer free

Experience the Cigar & Cognac under the star at the Sky High Bar Deck # 13 Fwd

"Two for one" all Designer "Martinis" Maltings Bar, Deck 6, Mid 6:00pm-7:00pm

Dear
Cruise Director,

It's been months since I
have been in a bathing suit
and all I can say is "Help"!

Not to worry. Join me as we
head straight for our South
Pacific Spa and Salon.

If dimpled skin is your
concern, try the Ionithermie
Cellulite Reduction Program
to experience firming, toning,
and substantial inch loss after
just one session.

If you want to jumpstart your
tan, consider the Elemis Total
Glow Self-Tanning Therapy.
Within a few hours, your skin
will be transformed with a
golden hue and no one will
know the difference except
you.

If too much sun is the
problem, opt for the Elemis
Pro-Collagen Marine Facial.
This exceptional face and eye
treatment helps slow the
signs of premature aging,
reducing the appearance of
fine lines and wrinkles - after
just one treatment.

For these and other
rejuvenating ideas, visit our
South Pacific Spa and Salon
on Deck 12, Fwd

Shore Excursion

Don't be left on the pier with nothing. Your
Shore Excursion team will be on the pier for any
last minute questions or bookings.

Find out about the Hippo slide at Great Stirrup
Cay fun for all 48" or taller! See the Shore
Excursion desk for details!

6:00pm-8:00pm

Shore Excursion Desk, Deck 7, Atrium

Internet Cafe

Have you used up all your Internet minutes?
Buy a 2nd Time Plan and receive 30
complimentary minutes with Time Plan 1 and 15
extra minutes with Time Plan 2. Credits are
automatic.

Always Open...Internet Café, Deck 7, Aft

Pearl Club Casino

Texas Hold'Em Tournament at 5:30pm - limited
seats available, so hurry up. Don't miss our
Casino at Sea Slot Tournament and Blackjack
at 6:00pm - qualifying rounds.

Paradise Lotto: For only \$2 per panel you could
win the Jackpot of well over \$297,000.

See your Casino Hosts or Cashiers for details.
5:00pm-Close, Pearl Club Casino, Deck 6, Fwd

Art Gallery Museum Unveiling

The NCL Pearl has an amazing \$4.3 million
dollar museum caliber collection including
original Rembrandt etchings and special works
dating as far back as the 13th century!

Certainly not to be missed!

Free champagne will be served.

Grand Unveiling at 3:45pm

Art Gallery, Deck 7, Aft

St-Thomas Shopping

It's here, and it's amazing. Don't even think
about stepping ashore without your NCL port
shopping map, to ensure you are getting the
best values and you're guaranteed. Join "Flash"
at Diamonds International downtown, for jewelry
deals and a big raffle! Last-minute maps and
giveaways are waiting for you at the gangway.
Happy Shopping!

Trade Routes Boutiques

It's Bijoux Ternier day in the Trade Routes
Boutiques! A large selection to choose from
including Belts, Evening Bags, Bracelets, Ties,
Jewelry Sets, Watches, evening Shawls,
Pashminas and much more, all with one low
price - \$10. Absolut Madness 42 bottles of
Absolut vodka for just \$24.

4:00pm-11:00pm, Deck 7, Fwd and Mid

Colombian Emeralds International

50% OFF ticket prices on select pieces
throughout the store. Can you afford to miss this
opportunity? The next in our series of
presentations, this time the subject is Amber.
Another chance to win the \$500 of jewelry for all
in attendance at 3:45pm in the Crystal Atrium.
4:00pm-11:00pm

Colombian Emeralds International, Deck 7, Fwd

Get your \$100 Free On Board Credit

Complete your Freestyle Cruise Reward form
and get \$100 on board credit before arriving in
Miami. Cruise Rewards are redeemable with
travel agencies, websites and NCL Latitudes.
Find the lowest price and then book. See your
Cruise Consultant for more details.

9:00am-11:30am & 4:00pm-8:00pm

Cruise Consultant Office, Deck 7, Mid

South Pacific Spa

Ready to flash those pearly whites you've
always wanted - "Go Smile" Teeth Whitening
Treatment is available at the spa. Today only,
you will receive \$50 off the regular price of \$199
so it will only be \$149.

Call #12200 for more details.

8:00am-10:00pm,

South Pacific Spa, Deck 12, Fwd

Photo Gallery

Welcome to St-Thomas - There will be friendly
pirates waiting for you as go off the ship. Give
them a hug and smile to the camera. Check
out also our professional portraits in the Crystal
Atrium tonight - Don't miss the opportunity to
have your portrait taken as if they were torn
from the pages of a fashion magazine.

Portraits: 6:00pm-9:30pm

5:00pm-11:00pm, Photo Gallery, Deck 7, Aft



Steak Lovers

Nobles, army generals and royalty around the world have loved eating meat so much that famous beef recipes were created in their honor and for their pleasure. The taste for eating meat is one that's developed through the ages. In fact, the word steak is derived from an old Saxon word, steik, meaning meat on a stick. The Saxons and Jutes, who lived in what is now Denmark, brought along their skills as cattlemen when they conquered Great Britain. Their favorite way to enjoy beef was on a pointed stick, cooked over a campfire. Things haven't changed that much - most people prefer their meat grilled over an open fire - just check out any backyard or park in the summertime.

There's little denying the satisfaction of a top quality steak, expertly prepared. At Cagney's Steakhouse, we only serve premium cuts of meat (complete with all the trimmings). Filet Mignon, circular in shape and taken from the small end of the tenderloin, is considered to be the tenderest, cut of beef. As the least exercised part of the animal, beef cuts from this region are very soft and easy to cut. Due to their tenderness, the Filet Mignon is sometimes referred to as 'the king of steaks' and is certainly a favorite among restaurant visitors around the world.

To a true carnivore, there's nothing trivial about an amazing piece of beef, cooked just right. Here are just some of the many ways you can enjoy great premium cuts of beef at Cagney's, our signature steakhouse.

Filet Mignon. Derived from the French words filet, meaning boneless meat, and mignon, meaning small.

New York Strip. This aristocrat of steaks is actually the top section of a Porterhouse. Every morsel is filled with a robust flavor. It's a true steak for steak lovers.

Prime Rib. Cut from the "eye" or rib section, this tender and most juicy steak is served many different ways, but typically prepared with salt and seasonings, and slow-roasted with dry heat.

Rib Eye. This steak, also known as Delmonico, is cut from the center of the rib. Thanks to great marbling throughout, rib eye steaks are very tender and juicy and provide a nice rich flavor.

You're only a reservation away from tasting one of our mouthwatering steaks, so make your reservation today to join us at Cagney's Steakhouse, Deck 13, Mid!

Pearl Club Casino

How about free drinks on the house?

Another perk from NCL's Casinos at Sea Players Club.

Once you earn 1,500 Sea bucks, head over to the Casino Services Desk and see Casino Hosts in order to receive your temporary drink card.

Onboard Credit facility is available up to \$2,000 per gaming day for casino play.

Ask the Casino staff for more details.

5:00pm-Close, Pearl Club Casino, Deck 6, Fwd

\$100 Free with Cruise Rewards

Get \$100 On Board credit this cruise with Cruise Rewards. Guests have 4-years to decide, redeem with any travel agent, website, and NCL Latitudes. Find the best deal and book, plus one Cruise Reward is good for a family deposit.

Cruise Consultants Office

Deck 7, Crystal Atrium

9:00am-11:30am &
4:00pm-8:00pm

Freestyle White Portraits

If you missed our Freestyle White background... tonight is the right time.

Single, couple and family.

You won't believe how terrific they will make you look our stylish and contemporary backdrops that makes your portrait look as though it was torn from the pages of a fashion magazine.

6:00pm-9:30pm, Atrium, Deck 7, Mid

Dufry, Tax & Duty Free

Now is the best time to buy gifts!

All Bijoux Terner items are \$10
Pashminas, watches, bracelets, ties,
belts and more!

4:00pm-11:00pm

Gift Shop, Deck 7, Fwd & Mid

Colombian Emeralds International

Up to 50% OFF jewelry Clearance!

A huge selection of Tax & Duty free
jewelry with Up To 50% OFF!

4:00pm, Colombian Emeralds

International, Deck 7, Fwd

Park West Art Gallery

Seminar: The 'Art' of Collecting

A fast, fun and informative 30 minutes
showing you how art is made, what will
determine value, and tips for collectors.

Free work of art just for attending!

Time: 3:00pm

Crystal Atrium, Deck 7, Mid

Internet Café

Buy your 2nd Time Plan to receive up to
30 complimentary minutes.

The extra minutes will automatically be
credits to your account.

Internet Café, Deck 7, Aft

South Pacific Spa Special: Mix 'n' Match

Combine any 2 or 3 of the following treatments
2 for \$99 (50min) - Or - 3 for \$129 (75min)

25 minute Back neck & Shoulder massage, 25 minute Lime & Ginger Scrub
25 minute Reflexology, 25 minute Cleopatra milk wrap

25 minute European Mini Facial, 25 minute Foot & Ankle Massage

Please note that there will be an 18% service charge automatically added for your convenience.



Freestyle Daily Activities



Stuff for "morning people"...

Daily Trivia, Crossword, & Sudoku
 Early Morning Stretching
 Body Conditioning Class
 Arrival in St-Thomas, USVI
 Adult Tennis Play
 Golf Clubs are available
 Library is Open
 Morning Trivia for all with your Cruise Director's Staff
 Sports Court is Available
 Nintendo Wii For All - On the Giant Screen
 Bowling Alley (Must be 6 years or older to play)

Library, Deck 12, Fwd
 Fitness Center, Deck 12, Fwd
 Fitness Center, Deck 12, Fwd
 Listen For Announcements
 Sports Court, Deck 13, Aft
 Golf Cage, Deck 13, Aft
 Library, Deck 12, Fwd
 Bliss Ultra Lounge, Deck 7, Aft
 Sports Court, Deck 13, Aft
 Crystal Atrium, Deck 7, Mid
 Bliss Ultra Lounge, Deck 7, Aft

Always Available
 7:00am
 7:30am
 (Approx.) 8:00am
 8:00am-10:00am
 8:00am-8:00pm
 9:00am-10:00am
 9:15am
 10:00am-5:00pm
 10:45am-12:00pm
 11:00am-Whenever

Add pizzazz to your afternoon...

Indoor Bowls with your Cruise Director's Staff
 Rock Climbing Wall (6 years or older, weather permitting)
 Golf Putting with your Cruise Director's Staff
 Informal Bridge Play with your fellow guests
 Adult Tennis Play
 Poolside with DJ Styles Davis
 Ping Pong with your Cruise Staff
 Spa Seminar: Secrets to a Flatter Stomach
 Family Charades
 The 'Art' of Collecting Seminar
 Complimentary Medi-Spa Consultations with Dr. Ferrer
 Soccer Tournament with your Cruise Director's Staff
 All Aboard
 Pool Games with your Cruise Staff
 Amber Presentation
 Museum Masters Grand Unveiling
 Country Line Dance Class
NCL "U" Mojito Mudding Tasting (\$15)
 Texas Hold'em Tournament
 Library is Open
 Basketball Tournament with your Cruise Director's Staff
 Spa Seminar: Back Pain Relief - Acupuncture
 Cruise Rewards Presentation with David
 Nintendo Wii For All - On the Giant Screen
 Fun Trivia for All
 Casino Opens
 Pilates (\$12 fee)
NCL "U"- Before They Were Stars with The Second City
 Texas Hold'em Tournament
 Friends of Bill W.

Bar City, Deck 6, Mid
 Rock Climbing Wall, Deck 14, Aft
 Bar City, Deck 6, Mid
 Card Room, Deck 12, Fwd
 Sports Court, Deck 13, Aft
 Poolside, Deck 12, Mid
 Poolside, Deck 12, Mid
 Fitness Center, Deck 12, Fwd
 Bliss Ultra Lounge, Deck 7, Aft
 Crystal Atrium, Deck 7, Mid
 South Pacific Spa, Deck 12, Fwd
 Sports Court, Deck 13, Aft
 Welcome Back
 Poolside, Deck 12, Mid
 Crystal Atrium, Deck 7, Mid
 Art Gallery, Deck 7, Aft
 Spinnaker Lounge, Deck 13, Fwd
Maltings, Deck 6, Mid
 Pearl Club Casino, Deck 6, Fwd
 Library, Deck 12, Fwd
 Sports Court, Deck 13, Aft
 Fitness Center, Deck 12, Fwd
 Crystal Atrium, Deck 7, Mid
 Crystal Atrium, Deck 7, Mid
 Bar City, Deck 6, Mid
 Pearl Club Casino, Deck 6, Fwd
 Fitness Center, Deck 12, Fwd
Stardust Theater, Decks 6 & 7, Fwd
 Pearl Club Casino, Deck 6, Fwd
 The Chapel, Deck 13, Fwd

12:00pm
 12:00pm-6:00pm
 1:15pm
 1:30pm-3:30pm
 2:00pm-3:00pm
 2:30pm-3:30pm
 2:30pm
 3:00pm
 3:00pm
 3:00pm
 3:00pm-6:00pm
 3:00pm-4:00pm
 3:30pm
 3:30pm
 3:45pm
 3:45pm
 4:00pm
4:00pm
 4:00pm
 4:00pm-5:00pm
 4:00pm-5:00pm
 4:15pm
 4:30pm
 4:45pm-5:45pm
 4:45pm
 (Approx.) 5:00pm
 5:00pm
5:30pm
 5:30pm
 5:30pm

Everything's hotter when the sun goes down...

Casinos At Sea Slot Tournament
 Casinos At Sea Blackjack Tournament
 Sunset Stretch
 "Two for one" all Designer Martinis
 "Two for one" cocktail & highballs (house brands)
 Instant Wins: A chance to win \$2000 instantly
 Showtime: Comedy Jugglers Sharkbait
 Sailing Solo & Ready to Mingle
 The Second City "Scriptless" Show
 Name That Tune with Tony Cruz
 Instant Wins: A chance to win \$2000 instantly
 50's and 60's Tribute with Roots Link
 Showtime: Comedy Jugglers Sharkbait
 Friends of Dorothy - A Gathering For Our LGBT Guests
 Late Night Karaoke with your Cruise Staff
 NCL's White Hot Dance Party with DJ Patrick & Styles Davis
 Paradise Lotto Drawing - Jackpot is well over \$297,000
 Karaoke Stars Competition

Pearl Club Casino, Deck 6, Fwd
 Pearl Club Casino, Deck 6, Fwd
 Fitness Center, Deck 12, Fwd
 Maltings Bar, Deck 6, Mid
 Star Bar, Deck 13, Mid
 Stardust Theater, Decks 6 & 7, Fwd
 Stardust Theater, Decks 6 & 7, Fwd
 Bliss Ultra Lounge, Deck 7, Aft
 Spinnaker Lounge, Deck 13, Fwd
 Bar City, Deck 6, Mid
 Stardust Theater, Decks 6 & 7, Fwd
 Spinnaker Lounge, Deck 13, Fwd
 Stardust Theater, Decks 6 & 7, Fwd
 Bliss Ultra Lounge, Deck 7, Aft (VIP Area)
 Bliss Ultra Lounge, Deck 7, Aft
 Spinnaker Lounge, Deck 13, Fwd
 Pearl Club Casino, Deck 6, Fwd
 Bliss Ultra Lounge, Deck 7, Aft

6:00pm
 6:00pm
 6:00pm
 6:00pm-7:00pm
 6:00pm-8:00pm
 7:00pm-7:30pm
 7:30pm
 7:45pm
 8:30pm
 8:30pm
 9:00pm-9:30pm
 9:15pm
 9:30pm
 9:30pm
 10:00pm
 10:00pm-Whenever
 10:30pm
 11:00pm
 11:30pm-Whenever

Ok, we know this looks like a schedule (gasp!) But, remember, you're free to whatever!

Bar Services

Java Café Deck 7, Mid	7:00am-Whenever
Topsiders Bar Deck 12, Mid	7:30am-Whenever
Great Outdoors Bar Deck 12, Aft	9:00am-Whenever
Sky High Bar Deck 13, Fwd	Noon-Whenever
Bar City Deck 6, Mid	3:00pm-Whenever
Spinnaker Bar Deck 13, Fwd	3:00pm-Whenever
Bliss Ultra Lounge Deck 7, Aft	3:00pm-Whenever
Casino Bar Deck 6, Fwd	3:00pm-Whenever
Maltings Bar Deck 6, Mid	5:00pm-Whenever
Star Bar Deck 13, Mid	5:00pm-Whenever
Mambo's Bar Deck 8, Mid	5:30pm-Whenever
Sake Bar Deck 7, Mid	5:30pm-Whenever

Guest Services

Guest Service Desk Deck 7, Mid (#00)	Always Open
Internet Café Deck 7, Aft	Always Open
Metro Video Arcade Deck 12, Mid	Always Open
Body Waves Fitness Deck 12, Fwd (Dial #12300)	6:00am-11:00pm
Quiet Zones Deck 14, Fwd & Aft	Always Open
Pool Towel Exchange Deck 12, Mid	7:00am-10:00pm
South Pacific Spa Deck 12, Fwd (Dial #12200)	8:00am-10:00pm
Onboard Credit Desk Deck 7, Mid	7:00am-10:30am 3:00pm-7:00pm
Aqua Kid's Club Deck 12, Mid	3:00pm-10:30pm
Tahitian Pool Deck 12, Mid	12:00pm-10:00pm**
Jacuzzis Deck 12, Mid	11:30am-Midnight**
Water Slide Deck 12, Mid	Noon-6:00pm**
Rock Climbing Wall Deck 14, Aft	12:00pm-6:00pm
Shore Excursions Desk, Deck 7, Mid	6:00pm-8:00pm
Internet Manager Deck 7, Aft	4:00pm-6:00pm 7:00pm-10:00pm
Medical Center Deck 4, Mid	8:30am-10:00am 4:00pm-5:00pm
Tax & Duty Free Shops Deck 7, Fwd	4:00pm-11:00pm
Pearl Club Casino Deck 6, Fwd	5:00pm-Close
Library Deck 12, Fwd	9:00am-10:00am 4:00pm-5:00pm
Cruise Consultant Deck 7, Mid	9:00am-11:30am 4:00pm-8:00pm
Photo Gallery Deck 7, Aft	5:00pm-11:00pm
Art Gallery Hours Deck 7, Aft	4:00pm-9:00pm

Freestyle Dining

Getting Started

Early Risers Deck 12, Mid	5:30am
Garden Café Deck 12, Mid	6:30am-10:30am
Summer Palace Deck 7, Aft	7:00am-9:00am
Great Outdoors** Deck 12, Aft	7:00am-11:00am
The Grill** Deck 12, Mid (Weather Permitting)	8:30am-Whenever

Satisfy Your Afternoon Appetite

Garden Café Deck 12, Mid	11:30am-3:00pm
Great Outdoors** Deck 12, Aft	Noon-2:30pm
The Grill** Deck 12, Mid (Weather Permitting)	1:00pm-Whenever

What Are You In The Mood For?

Garden Café Deck 12, Mid	5:00pm-9:30pm
Main Dining Rooms:	
Summer Palace Deck 7, Aft	5:30pm-9:30pm
Indigo Deck 6, Mid	5:30pm-10:00pm

Specialty Restaurants

Mambo's (\$10)* Deck 8, Mid	5:30pm-10:30pm
La Cucina (\$10)* Deck 12, Aft, Portside	5:30pm-10:30pm
Lotus Garden (\$15)* Deck 7, Mid	5:30pm-10:30pm
Shabu-Shabu (\$15)* Deck 7, Mid	5:30pm-10:30pm
Sushi Bar (\$15)* Deck 7, Mid	5:30pm-10:30pm
Le Bistro (\$20)* Deck 6, Mid	5:30pm-10:30pm
Cagney's (\$25)* Deck 13, Mi	5:30pm-10:30pm
Teppanyaki (\$25)* Deck 7, Mid	5:30pm, 6:00pm, 7:00pm, 7:30pm, 9:00pm, 9:30pm

For Whenever You Are Hungry

Room Service Dial #6500	Always Open
Blue Lagoon Café Deck 8, Mid (4:00am-5:00am limited menu is served)	Always Open
Great Outdoors** Deck 12, Aft	3:00pm-5:00pm
Great Outdoors** Deck 12, Aft	9:30pm-11:30pm
Casino Snacks Deck 6, Fwd	11:00pm-1:00am

*These restaurants charge a cover, but the costs are really minimal (and for what you get, you'll find it's well worth it.)

Restaurants Reservations: Reservations can be made for the entire cruise or your convenience however for Teppanyaki, you can only make a reservation 24hrs in advance. To make your reservations, call extension number 050 from 7:30am to 9:30pm or visit us at the reservation's desk located in Guest Service Desk, Deck 7, Mid from 7:30am-4:30pm and in the Garden Café, Deck 12, Mid, 7:30am-11:00am. After 5:00pm you can also make your reservation in Garden Café at the reservation's desk.

Restaurant Cancellations: To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes. If you need cancel, please do so by 5:00pm on the day of your reservation to avoid having the cover charge for up to two guests applied to your account.

What to wear: You'll always find a place for your style, no matter what you want to wear. Resort casual, including jeans, is welcome in any of our restaurants, except the Summer Palace, our designated "dress up" restaurant. No shorts are permitted in any of our restaurants (except Garden Café) after 5:00pm.

Onboard Flowers: Everyday is a special day to let that person in your life know you care. Roses & Diamonds are a girl's best friend; so make your love one smile with a single touch of rose, just dial 050.

Walking, Jogging & Sports Activities: Deck 13 is a walking/jogging track open 24/7. Deck 7 is a walking-only track; it's open 9am-9pm. All sports play is at your own risk, including our own island.

Jacuzzis & Pools: Will be open weather permitting. Forward Jacuzzis and Pool, Deck 12, are for adults only. Please, no reserving of deck chairs. Items left on deck chairs for more than 30 minutes will be removed & placed at the Guest Service Desk.

Glass & bottles can't be brought into any of the pools or hot tubs; neither can children in diapers or pull-ups, including swimmers. Pool towels & outdoor blankets are available in the Dive In Window, Pool Deck, Deck 12, Portside Fwd.

Water Slide: Children under 6 years old must be accompanied by an adult.
Casino: You have to be 18 (and have ID) to gamble or be in the casino. Sorry, but no winnings can be paid to any person or bets in violation. Also, drinks or glassware can't be taken out; pipes or cigars can't be taken in, but cigarette smoking is ok. Slot winnings of \$1200 and above could be subject to W2-G tax withholding.

Alcohol Policy: On NCL cruises the minimum age for the consumption of any kind of alcohol is 21 years of age.

Liquor Purchased Ashore: Any liquor purchased in our ports of call will be collected and returned to you at the end of the voyage.

Smoking Policy: Public areas are smoke free. If you want to smoke, we've set aside spots just for you. If you smoke cigarettes, you can smoke in your stateroom, on your balcony, in the casino or cigar bar. If you prefer pipes or cigars, you can smoke in the cigar bar. You can smoke cigarettes, pipes and cigars outside on open decks, (just please don't smoke around food venues, sports decks or jogging areas, kids' pool areas and other designated non-smoking areas).

Please do not throw cigarettes

Overboard. And please remember to never smoke in bed. **Please do not store towels on your balcony.**

Door Decorations: Be safe - overly decorated stateroom doors can pose a fire hazard so please keep your decorations inside your room.

Environmental Hotline: You can report environmental incidents by calling 1-877-501-5976, the ship's Guest Service Desk, Deck 7, Mid or via e-mail EnvironmentalHotline@ncl.com. Reports are confidential.

Customer Advisory: Eat Smart: In case you didn't know, there's a certain level of danger to eating raw or undercooked animal products. It's also risky to drink juice that haven't been pasteurized. So if you have any immune system disorders, you should talk with your doctor. If you are allergic to nuts or have any other food allergies please call 050.

Safety Equipment: Please don't remove or meddle with any safety equipment onboard (such as smoke detectors or fire extinguishers). And, please follow safe instructions from the crew members.

Announcements: All announcements can be heard on channel 24.

Open Flames: Open flames (burning candles and incense) are strictly forbidden.

Sharps Containers: If you've got needles to throw away, please ask for a special container from Guest Service Desk, your Room Steward or Medical Center.

Customer Relations: Got a service problem? We'll do our best to solve it! Dial '00'.