

Celebrity TODAY



Castries, St. Lucia
Friday, January 7th, 2011

Sunrise: 6:30am Sunset: 5:50pm
Evening Attire: Smart Casual

Celebrity Millennium®

Arrival 8:00am

Once the ship has been cleared, an announcement will be made advising guests that they may proceed ashore. Please remain in the public lounges until the announcement is made. The gangway location will be announced. Finally, don't forget to take your passport as it is required by local authorities in the terminal building.

All Aboard 4:45pm

Important Note: If you do not return before departure time it is your responsibility to make arrangements to rejoin the ship.

Departure 5:00pm

Travel distance to Bridgetown, Barbados is 121 nautical miles.

AquaSpa by Elemis

For guests staying onboard or returning early from shore, our AquaSpa is open from 8:00am to 10:00pm on Deck 10.

Weather

High: 84F / 28C | Low: 75F / 23C
Chance of Rain. Partly Cloudy.

Slots Payout

So far this cruise the slot machines in Fortunes Casino on Deck 4 have paid out:
\$44,982.65

Celebrity Life Activity Highlights

Tai Chi/Qigong: For Health, Longevity and Rejuvenation

8:30am | Celebrity Theater, Decks 4 & 5

Start your morning right with Tai Chi & Qigong exercises for immediate health benefits, brief meditation, and learning Tai Chi and Tai Chi forms. Our Beyond the Podium Health and Wellness expert Roger Stevens teaches forms that students can remember and take home with them for a health regimen. Together with his wife, Philomena, also a world class teacher, they also offer hands on self help.

Let's Dance: Waltz

3:45pm | Cosmos, Deck 11

Come for a delightful Waltz class with our Celebrity dance Instructors Brittany & Robert. Learn one of the most beautiful and romantic dances in the world from our onboard dance experts.

Beyond the Podium: Coral Reefs

4:30pm | Cinema, Deck 3

Join Oceanographer Dr. Denny Whitford on a photographic journey to our planet's coral reefs. Learn about their structure, formation, and the marine life that depend on them. Enjoy photos and video of the beautiful creatures you may encounter as you snorkel or dive on a coral reef during this cruise.

International Pub Hour

5:00pm | Ocean Bar, Deck 10

Join us for live music with Nestor Santurio and International beer specials along with the best view on the ship as we sail away from St. Lucia.

Cotton Bowl: Texas A&M vs. LSU

9:00pm | Extreme, Deck 11

It's College Football Bowl Season. Join us in the Extreme Lounge for beer and rum runner specials, snacks, and the big game on our six TV screens. Game will also be shown in the Casino Bar.

Celebrity Entertainment

Celebrity Showtime: A Night of Music & Fun

7:00pm & 9:00pm | Celebrity Theater, Decks 4 & 5

Enjoy an unforgettable evening of music and laughter starring piano diva Amy Abler plus singer and showman Jordan Bennett. A return engagement of two incredible entertainers that can't be missed.

Newly Wed/ Not so Newly Wed Game Show

10:45pm | Cosmos, Deck 11

How well do you know your spouse? Join your Cruise Director Steve and some of your fellow guests as we present that always hilarious and revealing Newlywed/ Not so Newlywed Game.

All of the events above are also highlighted on page 3 for your convenience.

⊗ Castries, St. Lucia

Ruggedly beautiful and lushly tropical, St. Lucia is the second largest of the Lesser Antilles' Windward Islands and it is blessed with a magnificent shoreline. The island is a rich tapestry of forested mountains, gentle valleys, banana plantations, wide beaches, rocky volcanic mountains, giant tree ferns, and wild orchids. Its position between French Martinique (25 miles north) and British St. Vincent (20 miles south) partially accounts for the island's traumatic and tempestuous past. St. Lucia spent much of its history under control of either France or Britain, who fought for centuries over ownership of the West Indies Islands.

Highlights

The island's major port, Castries is actually a harbor within the flooded crater of an extinct volcano. Although it has a long history, Castries has a modern feel to it. The prevalence of post-'40s architecture is explained by the devastating fires that destroyed most of the capital in the mid 20th century. Some of St. Lucia's highlights include:

- **Morne Fortune:** is also known as "Good Luck Hill" and it is 850-feet high. At the top of the hill is "Fort Charlotte", an 18th century fortress that changed hands 14 times during the French-English warfare.
- **Mt. Soufrière** (French for smoking volcano): is known as the world's only "walk-up volcano". It encompasses a rocky moonscape of pits and open craters; yet, in spite of sulphur springs and constantly fuming steam jets, the volcano has not erupted in recorded history.

👉 Shore Excursions

Who says the Caribbean is all about lying on the beach? If that's all you do in St Lucia you're missing out. The rainforest-choked interior is made for hiking. The iconic Pitons rise from the waves to the clouds like pyramids of volcanic stone. For a shorter day you can sail to visit the pitons on the Coastal Cruise to the Pitons. Or if you want to visit Soufrière, in the south of the island close to where the Pitons are situated, enjoy the Land and Sea to the Pitons tour and see the Island from two perspectives. If you are looking for an great way to view the rainforest's of St. Lucia then the Aerial Tram is a relaxing and fun way to soar through the trees and view the ecosystem. If you are looking for a more up-beat way to move through the treetops then the Adrena-Line will take you zip-lining through the canopy before you have the chance to rappel to the ground. Amazing!

Do you enjoy adventure, beauty, and fun? Then Barbados is the island for you. Stop by the Emporium on Deck 5 at 8:00pm and find out more about the fantastic tours offered there.

★ Captain's Club

Select/Elite Wine Appreciation 101 Seminar

4:00pm | Metropolitan Restaurant, Deck 5 Portside

Select and Elite Captain's Club members are invited to join our Head Sommelier to learn, taste and compare several wine varietals and styles.

📍 Information

Important Health Information

Celebrity Cruises works closely with the Center for Disease Control and Prevention to enhance its shipboard cleaning procedures to prevent the transmission of Norwalk or Norovirus. According to medical experts, the best way to prevent colds, flu, and gastrointestinal illnesses is to wash one's hands thoroughly with soap and hot water after bathroom breaks as well as before eating. Please wash your hands often and use the sanitizing stations provided throughout the ship, especially when you are coming from ashore.

U.S. Embassy, Barbados and Eastern Caribbean

Willey Business Park, Willey, St. Michael BB 14006, Barbados, W.I.

Tel# 246-227-4177

Top X Tips

- I. **Water of Life**
Did you know that whisky means "water of life"?
- II. **Piano Lover?**
Join our onboard pianist Tim for some fine tunes tonight. Check "Entertain" on Page 3 for times.
- III. **Stay Healthy & Hydrated**
Use sunscreen, wear a hat and take plenty of water with you. In most ports of call drinking bottled water only is recommended.
- IV. **Money for Gaming**
Use your Seapass card to acquire chips or cash for gaming. Transaction fee applies.
- V. **Jogging Track**
Going on a run or taking a nice stroll outside? Keep track of your distance - 3 laps is equals to 1 km or 5/8 miles.
- VI. **Balcony Doors**
Keeping your balcony doors closed helps reduce humidity levels and keeps bugs and insects from entering your stateroom.
- VII. **Price Match Guarantee**
We guarantee to match any price you find ashore. Find it cheaper and we will refund the difference.
- VIII. **Rosetta Stone - Spanish Phrase of the day.....**Online@Celebrity 4
You are welcome - De nada
- IX. **Message in A Bottle?**
Never found the time to send a message? Our friendly staff will show you the fastest way to e-mail at Online@Celebrity, Deck 4
- X. **Today's Movie: Robin Hood**
Action | Adventure | PG-13 | 140 min
In 13th century England, Robin and his band of marauders confront corruption in a local village and lead an uprising against the crown.

📖 Directory

Room Service Menus

Hungry after hours? Complimentary Room Service is available 24 hours a day. The Room Service Menu can be found in your Directory of Services as well as on your Interactive Television (I-TV).

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↓ Tear Here ↓

Today's Events

Daytime

Location & Deck

- 6:00am **Celebrity Millennium Today:**
Runs Continuously..... *TV Channel 15*
- 7:30am **Stretch and Relax Class***Fitness Center 10*
- 8:00am **Celebrity Millennium is scheduled to dock in**
Castries, St. Lucia
- 8:00am **Longevity Yoga***Fitness Center 10*
- 8:30am **Tai Chi/Qigong:**
For Health, Longevity and Rejuvenation..... *Celebrity Theater 4*
- 9:00am **Celebrity Challenge Trivia***Rendez-Vous 4*
- 9:00am **Windows Movie Maker*****Online@Celebrity 6*
- 9:45am **Wii Fitness Test**.....*Rendez-Vous 4*
- 10:00am **Movie: Robin Hood** *Cinema 3*
- 10:30am **Battle of the Sexes***Rendez-Vous 4*
- 11:15am **Lets Line Dance**..... *Cosmos 11*
- 1:00pm **Name That Tune**.....*Rendez-Vous 4*
- 1:00pm **Movie: Robin Hood** *Cinema 3*
- 1:45pm **Men vs. Women Ping Pong**..... *Extreme 11*
- 2:00pm **Powerful Posture Seminar***Alpha Room 3*
- 2:30pm **Time Machine Quiz**.....*Rendez-Vous 4*
- 3:15pm **Celebrity Challenge Trivia***Rendez-Vous 4*
- 3:45pm **Let's Dance Waltz** *Cosmos 11*
- 4:00pm **Celebrity Chilates***Fitness Center 10*
- 4:00pm **XBOX Kinect Boxing***Rendez-Vous 4*
- 4:30pm **Castries Sailaway Party with Sipra:**
Party Band, until 5:30pm.....*Poolside 10*
- 4:30pm **Beyond The Podium:**
Coral Reefs..... *Cinema 3*
- 4:45pm **4 Big Game Bingo****
Cards on Sale at 4:15pm.....*Celebrity Theater 4*
- 4:45pm **All guests onboard please.**
- 5:00pm **Celebrity Millennium is scheduled to sail for**
Bridgetown, Barbados.
- 5:00pm **International Pub Hour:**
with Nestor Santurio, until 6:00pm.....*Ocean Bar 10*
- 5:00pm **Fab Abs Class***Fitness Center 10*
- 5:00pm **Windows Movie Maker*****Online@Celebrity 6*
- 5:15pm **Pool Volleyball***Poolside 10*
- 5:15pm **A Cappella: Blend Tech***Cova Café 5*

- 5:15pm **Kathleen & The Saints:**
Dance Music, until 6:15pm.....*Rendez-Vous 4*

Evening

Location & Deck

- 7:00pm **Celebrity Showtime:**
A Night of Music & Fun..... *Celebrity Theater 4, 5*
- 7:00pm **Kathleen & The Saints:**
Dance Music, until 8:45pm.....*Rendez-Vous 4*
- 7:45pm **Tim Kruse:**
Piano Music, until 8:45pm *Michael's Club 4*
- 8:00pm **A Cappella: Blend Tech** *Cova Café 5*
- 8:00pm **Nestor Santurio:**
Guitar & Vocal, until 10:30pm*Ocean Bar 10*
- 8:00pm **Barbados Presentation**
Shore Excursions..... *Emporium 5*
- 8:00pm **Name That Tune**
with Dj Jaz..... *Cosmos 11*
- 8:00pm **Mega Slots Qualifying Round****.....*Fortunes Casino 4*
- 8:00pm **Texas Hold'em Tournament****.....*Fortunes Casino 4*
- 8:00pm **Movie: Robin Hood** *Cinema 3*
- 9:00pm **Celebrity Showtime:**
A Night of Music & Fun..... *Celebrity Theater 4, 5*
- 9:00pm **Master of the Malts**** *Michael's Club 4*
- 9:00pm **Cotton Bowl:**
Texas A&M vs. LSU*Extreme 11 & Casino 4*
- 9:45pm **Tim Kruse:**
Piano Music, until Late..... *Michael's Club 4*
- 9:45pm **Marlin Ramazzini & Salsa Beat**
Latin Rhythms, until 12:30am*Rendez-Vous 4*
- 9:45pm **Sipra:**
Party Band, until 10:45pm..... *Cosmos 11*
- 10:00pm **A Cappella: Blend Tech***Cova Café 5*
- 10:00pm **Minute Madness*****Fortunes Casino 4*
- 10:30pm **1 Big Game Bingo****
Cards on Sale at 10:00pm.....*Celebrity Theater 4*
- 10:30pm **Texas Hold'em Cash Game**.....*Fortunes Casino 4*
- 10:30pm **Expression Trio:**
Classic Strings, until 12 Mid.....*Cova Café 5*
- 10:30pm **Movie: Robin Hood** *Cinema 3*
- 10:45pm **Newly Wed/ Not so Newly Wed Game Show**..... *Cosmos 11*
- 11:30pm **Late Night Party**
with Sipra & Dj Jaz..... *Cosmos 11*

**Indicates a fee is applicable for this activity. Refer to the Today's Features Insert or inquire with our friendly staff for more details.

Note: Live performers may take short breaks in between sets.

Hours of Operation

Acupuncture Clinic	Deck 7
8:00am – 10:00pm	
AquaSpa	Deck 10
Salon & Spa: 8:00am – 10:00pm	
Fitness Center: 6:00am – 11:00pm	
Sauna: 8:00am – 8:00pm	
Thalassotherapy Pool: 7:00am – 11:00pm (18+ yrs)	
MediSpa: 8:00am – 10:00pm	
Captain's Club Desk	Deck 3
9:00am – 11:00am, 6:00pm – 8:00pm	
Concierge Desk	Deck 3
7:30am – 11:00am, 4:00pm – 9:00pm	
Conservatory Floral & Gift Boutique	Deck 11
9:00am – 12 Noon, 5:00pm – 9:00pm	
Cruise Sales Manager	Deck 3
8:30am – 11:00am, 5:00pm – 9:00pm	
Emporium Art Gallery (Open 24 Hours)	Deck 5
7:00pm – 9:00pm, 9:30pm – 10:30pm	
Emporium Gift Boutiques	Deck 5
Gift Shops & Boutique C: 5:30pm – 11:00pm	
Fortunes Casino (Guests 18+ yrs)	Deck 4
Slot Machines & Gaming Tables: 5:15pm – Late	
Guest Relations Desk (Open 24 Hours)	Deck 3
International Host	Deck 3
8:00am – 10:00am, 7:00pm – 9:00pm	
Medical Center	Deck 1
8:00am – 11:00am, 4:00pm – 7:00pm	
Online@Celebrity (Open 24 Hours)	Deck 4
Staffed: 8:00am – 10:00am, 4:00pm – 10:00pm	
Personal Concierge	Deck 4
8:30am – 9:30am, 5:00pm – 6:00pm, 7:30pm – 8:30pm	
Photo Gallery	Deck 4
Gallery: 5:00pm – 11:00pm	
Casual Portraits: 5:30pm – 6:30pm, 7:30pm – 9:00pm, 10:00pm – 11:00pm	
Port & Shopping Guide	Deck 5
7:00pm – 8:00pm	
Shore Excursion Desk	Deck 3
7:30am – 10:30am, 5:00pm – 9:00pm	
Swimming Pool	Deck 10
7:00am – 10:00pm (weather permitting)	
Whirlpools	Deck 10
7:00am – 8:00pm	
Words – Library (Open 24 Hours)	Deck 8

Bar Hours

Champagne Bar, Deck 5	5:00pm – Late
Cosmos, Deck 11	4:00pm – Late
Cova Caffè di Milano, Deck 5	7:00am – 12:30am
Cova Caffè Wine Bar, Deck 5	5:00pm – 12:30am
Fortunes Casino, Deck 4	Casino Hours
Martini Bar, Deck 5	5:00pm – Late
Mast Bar, Deck 11 (Weather Permitting)	10:00am – 6:00pm
Michael's Piano Club, Deck 4	7:00pm – 12:30am
Ocean Café Bar, Deck 10 (Weather Permitting)	7:00am – 1:00am
Platinum Club, Deck 5	5:00pm – Late
Rendez-Vous Lounge, Deck 4	5:00pm – 1:00am
Riviera Pool Bar, Deck 10	(Weather Permitting) 9:00am – 9:30pm
No one under the age of 21 will be served alcoholic beverages	

Cocktails Special

Celebrate with one of our regionally inspired offerings today.

Cool Caribbean

Malibu Coconut Rum · Absolut Mandarin Vodka ·
Monin Pomegranate · Pineapple Juice · Splash of Sprite



Friday, January 7th, 2011

Today's Recommendations

↑Fold Here

Chef JVS Dining Room Recommendation:

JVS® Signature Mozzarella Meat Balls

Sommelier Recommends by the Glass:

White: Pouilly-Fumé, Michel Redde "La Moynerie" Loire Valley
Red: Merlot Rutherford Ranch, Napa Valley

Mixologist Recommends:

Caipirinha | Yellow Bird All Bars and Lounges

Culinary Delights

Metropolitan Restaurant • Decks 4 & 5

Open Seating Breakfast	7:30am – 9:00am
Fixed Seating Dinner	6:00pm
Fixed Seating Dinner	8:30pm
Celebrity Select Dining	6:00pm – 9:30pm

Olympic Specialty Restaurant • Deck 3

A La Carte Dining 6:00pm – 10:00pm
Reservations required, please call Ext.4707. Cover charge applies.

AquaSpa Café • Deck 10

Light & Healthy Breakfast	7:30am – 10:00am
Healthy Choice Dining	12 Noon – 2:30pm

Ocean Café • Deck 10

Coffee Tea Juices	24 hours
Early Sunrises's Continental Breakfast	6:30am – 7:00am
Breakfast Buffet Asian	7:00am – 10:00am
Eggs Omelette Station Waffles Pancakes	7:00am – 10:00am
Late Breakfast Buffet Omelette Station	10:00am – 11:30am
Lunch Buffet	
Asian Fish & Chips Corner	12 Noon – 2:30pm
Soup Sandwich	12 Noon – 2:30pm
Frozen Yogurt Ice Cream	12 Noon – 9:30pm
Salad Bar Pasta	12 Noon – 11:00pm
Pizza	12 Noon – 12:30am
Casual Afternoon Tea	4:00pm – 5:00pm
Japanese Sushi Specialties Stir-Fry Corner	5:30pm – 9:30pm
Authentic Indian Food Carving Station	5:30pm – 9:30pm
Late Night Snacks	10:00pm – 12:30am

↑Fold Here

Riviera Grill • Deck 10 Poolside

Hamburgers | Hot Dogs | Grill Specials 12 Noon – 6:00pm

Cova Caffè & Pasticceria • Deck 5

Taste of Europe: Croissant Danish	7:00am – 11:45am
Savory Sandwiches	12 Noon – 2:45pm
Taste of Europe: Pastries	3:00pm – 5:45pm
Tapas (Traditional Spanish Bites)	6:00pm – 11:00pm

Late Night Cova Bites • Cova Caffè di Milano, Deck 5

Gourmet Bites 11:00pm – Midnight